

## Essential 7 Kit for Animals

The Essential 7 kit - Perfect for use with pets and people!

It contains a variety of single and blended essential oils for daily use. It is conveniently packaged for those on the go. The Essential 7 kit was created so that anyone could immediately use and appreciate the benefits of therapeutic grade essential oils. These oils may be used as dietary supplements, diffused, added to bathwater, applied on location, spritzed on your pet or used with body massage. Refer to the individual oils for specific benefits and instructions.

The kit contains three single oils –

**Lavender** (*Lavandula Augustifolia*), **Lemon** (*Citrus limon*), **Peppermint** (*Mentha piperita*) and four blends - **Purification**, **Joy**, **Peace and Calming**, and **PanAway**.

**Lavender** is the most versatile of all essential oils and has been highly regarded as soothing to the skin. The French scientist René Gattefossé was the first to discover these properties when he severely burned his arm in a laboratory accident. It can be used to cleanse cuts, bruises, scrapes and skin irritations, including hot spots.

Lavender has also been studied for its relaxing effects, both physically and emotionally. It is helpful for puppies to sleep all night. Or if they get too wild, put on all 4 paws.

**Lemon** helps support the immune system, according to Jean Valnet, M.D. It can serve as an insect or flea repellent and may be beneficial for the skin. Add a few drops to distilled water and spritz on your pet for a refreshing lift after an active day. Brain function is enhanced 32% by smelling Lemon Oil; 62% by diffusing it.

**Peppermint** is soothing to the digestive system. Jean Valnet, M.D. studied Peppermint's ability to affect the liver and respiration. Scientists have also researched Peppermint's role in affecting impaired taste and smell and mental accuracy when inhaled. It is useful for digestive upset and to enhance your pet's appetite. Put a few drops in a spritzer with water and spray in mouth to get rid of doggie breath.

**Joy** is an exotic blend of Lemon (*Citrus limon*), Ylang-Ylang (*Cananga odorata*), Bergamot (*Citrus bergamia*), Mandarin (*Citrus reticulata*), Rose (*Rosa damascena*) and other essential oils that produce an uplifting magnetic energy, bringing joy to the heart. When diffused, it can be refreshing and uplifting if your pet is depressed.

**PanAway** was created by Gary Young as a result of an injury in which he severely tore the ligament in his leg. This blend contains Birch (*Betula alleghaniensis*), which has an active principle similar to cortisone; Clove (*Syzygium aromaticum*), which contains eugenol, a constituent used by dentists to numb gums and relieve pain; Peppermint (*Mentha piperita*), calming for nerves and Helichrysum (*Helichrysum italicum*), soothing to localized discomfort. Great for inflammation, arthritis or muscle/ligament injuries.

**Peace and Calming** is a gentle, fragrant blend especially designed for diffusing. Its components Orange (*Citrus sinensis*), Tangerine (*Citrus nobilis*), Ylang-Ylang (*Cananga odorata*), Patchouly (*Pogostemon cablin*) and Blue Tansy (*Tanacetum annuum*) promote relaxation and a deep sense of peace. When massaged on the pads of your pet's feet, it can be a wonderful prelude to a peaceful night's rest. Peace and Calming may be especially calming and comforting to your pet during an overactive, stressful day or if you breed dogs and have a bitch in heat and need your males to rest and be relaxed.

**Purification** is a blend of purifying essential oils such as Citronella (*Cymbopogon nardus*), Myrtle (*Myrtus communis*), Lemongrass (*Cymbopogon flexuosus*) and Melaleuca (*Melaleuca alternifolia*). When diffused it can neutralize mildew, disagreeable pet odors and help cleanse the air. When applied directly to the skin, Purification can be excellent for soothing insect, flea or tick bites and for cleansing cuts and scrapes.